

SPA
SOUND BODY™ BY HARDROCK

rock  spa®



rock spa®

RHYTHM & MOTION

- Synchronicity 50 min. \$230 80 min. \$320
- Face the Music 50 min. \$230 80 min. \$330
- Smooth Operator 50 min. \$330
- Wrap Remix 110 min. \$400

MASSAGES

- Couples 50 min. \$450 80 min. \$650
- Relaxing 50 min. \$210 80 min. \$315
- Aromatherapy 50 min. \$210 80 min. \$315
- Deep Tissue 50 min. \$250 80 min. \$360
- Couples Deep Tissue 50 min. \$490 80 min. \$690
- Reflexology 50 min. \$210
- Ocean Breeze 50 min. \$270

THERAPIES (MASSAGE)

- Herbal Poultice 80 min. \$330
- Hot Stone 80 min. \$330
- Couples Herbal Poultice or Hot Stone 80 min. \$700
- Four hands 50 min. \$380

BODY

- Exfoliation 25 min. \$130
- Sun Relief Wrap 50 min. \$220
- Lipo-Stock Extreme 80 min. \$350
- Detoxifying Salt Polish 50 min. \$220
- Detoxifying Wrap 50 min. \$220
- Rejuvenating Massage & Sea Plant 110 min. \$380
- Chocolate Wrap 80 min. \$315

FACIALS

- Inhibit 80 min. \$400
- Essential Shock 50 min. \$220
- Rejuvenating Antioxidant 50 min. \$220
- Vitamin C 80 min. \$280
- Sensitive 50 min. \$220
- Purifying 80 min. \$280
- Detoxifying 80 min. \$280
- For him 50 min. \$220
- Beauty In-Fusion 80 min. \$280
- Carboxitherapy 25 min. \$130

ADD ON'S

- Eye Lifting Treatment 10 min. \$ 50
- Firming Treatment 10 min. \$ 50
- Relaxing Legs Treatment 25 min. \$130
- Relaxing Back Treatment 25 min. \$130

RITUALS

- Ayuna 130 min. \$500
- Agave 130 min. \$500
- Temazcal 100 min. \$200

DELUXE EXPERIENCE

- LOVE HISTORY 180 min. \$1,550

- Chocolate Body Wrap 50 min
- Romantic Massage 50 min
- For Him & Her Facial 50 min
- Hydrotherapy Experience 30 min

- FOREVER 160 min. \$1,480

- Tactil C Body Massage 80 min
- Well Aging Facial 50 min
- Hydrotherapy Experience 30 min

- WITH YOU 120 min. \$1,125

- Coffee Body Wrap 40 min
- Romantic Massage 50 min
- Hydrotherapy Experience 30 min

RITUALS FOR COUPLES

- SOULMATE 130 min. \$1,100

- Chocolate Body Wrap 50 min
- Romantic Massage 50 min
- Hydro Spa Pool Experience 30 min

- RECOVERY 130 min. \$1,000

- Body Exfoliation 20 min
- Romantic Massage 80 min
- Hydro Spa Pool Experience 30 min

- AGAVE 130 min. \$1,000

- Agave Ritual 100 min
- Hydro Spa Pool Experience 30 min

- MAYA RITUAL 150 min. \$1,500

- Temazcal 60 min
- Massage 70 min
- Cold Tub Experience 20 min

Prices charged in US Dollars

 retune yourself.

rhythm & motion

SYNCHRONICITY

Utilizing greatest hits from yesterday to today, the treatment taps into memories to create an experiential journey, in sync with a performance of techniques, pressure and rhythm. The massage is infused with a choice of natural organic essential oils to reduce stress, ease muscle tension, and detoxify. 50 min / 80 min

FACE THE MUSIC

Bringing the therapeutic benefits of sound vibration and clinically proven organic products to rejuvenate and hydrate facial skin, this journey leaves skin smoothed and refreshed, shedding years and restoring a star-worthy glow. 50 min / 80 min

SMOOTH OPERATOR

Retunes the skin and rocks the soul with a two-part treatment removing impurities and invites new nourishing elements in. Starting with the rhythmical dry brushing, a ritual that softly sloughs rough skin away and closing with a soothing detoxifying wrap, to release toxins, hydrate, and smooth the skin wrapping it up on a high note. 50 min

WRAP REMIX

This is the ultimate healing experience warming guests up and wrapping them in bliss with a sweet finish. For the full body benefit, this treatment begins with a brisk, rhythmical body polish. Following the detoxifying wrap to nourish the skin, the 50-minute rhythm and motion massage and cleansing facial mask complete the treatment. A refreshing shot of Rock Spa® Detox Tea is then served, to keep guests in a relax state even longer. 110 min

massage

COUPLES

Unforgettable spa experience in company with that special one while enjoying your massage in the privacy of a couple treatment room. 50 min / 80 min

RELAXING

Restore your vital energy with this full body massage. Let the tension and stress disappear on contact. This massage provides a wonderful sense of well-being, as it improves circulation, relaxes muscles and stimulates the lymphatic system. 50 min / 80 min

AROMATHERAPY

A wonderful massage using a synergy of essential oils especially designed to induce deep relaxation, strengthen the respiratory system, eliminate muscle tension and reduce anxiety by providing welfare. It combines four of the most popular massage techniques; shiatsu, stretching, lomi lomi and swedish. 50 min / 80 min

DEEP TISSUE

Therapeutic massage designed to relieve tension and muscle stress. Techniques focus on specific areas of stress and pain. 50 min / 80 min

REFLEXOLOGY

Reflexology is based on the Chinese principle that certain areas on the soles of your feet and hands contains millions of nerve endings connected to other parts of the body, this foot massage stimulates the body into healing itself and restoring natural balance. 50 min

OCEAN BREEZE

Enjoy a massage within a natural environment. Restore your energy with nature sounds that will transport you into deep relaxation. 50 min

therapies

HERBAL POULTICE MASSAGE

The Herbal Poultice treatment is inspired in a Thailand's tradition utilizing warmed poultices of herbs and spices that are steamed and applied directly to the body. The steam heating allows the natural essential oils and aromas of the herbs and spices to be released and provides the healing properties to the entire body, relaxing the muscles while stimulates blood circulation and energy flow. 80 min

HOT STONE MASSAGE

Full body therapeutic massage with warm volcanic stones to relieve deep muscle tension. The heat of the stones relaxes the muscles, calms the aches and pains, helps your body feel rejuvenated and your mind healthy. 80 min

COUPLES HERBAL POULTICE OR HOT STONE MASSAGE

Unforgettable spa experience in company with that special one while enjoying your massage in the privacy of a couple treatment room. 80 min

FOUR HANDS MASSAGE

Two therapists work together in synchrony to combat tension on each side of the body, resulting in a feeling of deep balance and well-being. 50 min

facials

INHIBIT

It is the most serious cosmetic alternative to micro-injections. A combination of active filler volume contributes to give your skin a healthier filling in wrinkles from inside to the outside. It is complemented by an ancient Japanese massage called Anma, acting on the movement and muscular tensions, primarily responsible for the appearance of expression lines and wrinkles. 80 min

ESSENTIAL SHOCK INTENSE

Helps restore essential elements needed to maintain a plump, hydrated and wrinkle-free skin. Maintains a healthier skin and provides extraordinary benefits. Its regenerating power acts from the deepest layers of the skin replenishing firmness, elasticity and tone to intensively rejuvenate and redefine the facial contour. 50 min

REJUVENATING ANTIOXIDANT

Renew your skin with this facial that stimulates cell renewal, while natural and organic moisturizers soften the fine lines of expression and give firmness to the skin. 50 min

VITAMIN C

Facial designed for people looking for global facial care and comfort. A combination of sculpting massage techniques with the richest products from Mediterranean citrus and the exclusive pampering of citrus aromatherapy. The result is a contoured and luminous face. 80 min

facials

SENSITIVE

Facial thought of delicate skin care, using products based on botanical ingredients that will help to soothe and reduce skin inflammation. This facial is the ideal answer to recover sensitive skin. The skin will be more protected, moisturized, rejuvenated and with a more uniform tone. 50 min

PURIFYING

A deep cleansing based upon detoxification. The heat opens and softens the pores; botany freshness purifies and closes them. Our facial includes extractions. A stimulating mask will smooth your skin and gradually moisturizes, soothes and revitalizes. Finally, a veil of hydration will give a satin feel and fresher look. 80 min

DETOXIFYING

Incredible facial that combines deep cleaning, detoxification and intensive hydration that will leave your skin smoother and with less signs of aging. It is complemented with a facial massage designed to obtain the maximum level of relaxation. 80 min

FOR HIM

This refreshing treatment is designed especially for men. The skin will be exfoliated to decongest the pores. A deep cleansing of the skin that results in a cleaner, moisturized, revitalized and visibly skin with less signs of age. 50 min

facials

BEAUTY IN-FUSION

Our skin is not the same at 30 as it is at 40 or 50 and its needs are not the same either. Each face needs unique and specific solutions. As a result a new concept of professional treatment that gives an answer that is effective, exclusive and specific for each generation:

In your 30's Vitality and Luminosity

In your 40's Firmness and Hydration.

In your 50's Density and Nutrition.

The "infusion of beauty" that adapts to each skin depending on its age. 80 min

CARBOXITHERAPY

Innovative technique using carbon dioxide to combat the signs of aging.

The effervescent carboxitherapy produces an explosion that leaves your skin visibly revitalized. 25 min

body

EXFOLIATION

Remove dead cells, after this treatment your skin will look smoother and feel softer. It is recommended before sun exposure to achieve an even and perfect tan. 25 min

SUN RELIEF WRAP

This treatment relieves discomfort caused by excessive exposure to the skin and prevent immediate peeling. Enjoy relief with our exclusive body wrap for sunburn. 50 min

LIPO-STOCK EXTREME

Reduces the size of the fat accumulation, accelerates the elimination of localized fat, slows the accumulation of new fat, improves the appearance of "orange peel". Lipoprotein lowering effect, protects against oxidative stress, refines the silhouette and gets a slimmer and redefined figure. 80 min

DETOXIFYING SALT POLISH

Treatment based on plants and salts that refresh, soften and refine the skin, leaving it more rejuvenated when removing dead cells. Your skin will look more radiant, this treatment is ideal to achieve a perfect tan. 50 min

body

DETOXIFYING WRAP

Body detoxifying effect that stimulates blood circulation and the lymphatic system. The antioxidant, purifying and firming benefits of spirulina will leave you a glowing skin. 50 min

REJUVENATING MASSAGE & SEA PLANT

Wonderful combination of a relaxing massage and a body wrap with a mask made of green clay and seaweed, to regenerate, oxygenate and deeply balance your skin. Ideal for mature skin, thus counteracting signs of age. 110 min

CHOCOLATE WRAP

Relaxing experience that will help remove dead cells with an exfoliation of fine walnut shell granules, which stimulate skin renewal and circulation. The cocoa mask provides elasticity and releases endorphins of pleasure and happiness. You will look more juvenile and luminous. 80 min

deluxe experience

Private suite with its own hydrotherapy ritual (Sauna, Steam and Hydro spa pool).

LOVE HISTORY - 180 MIN

Chocolate Body Wrap 50 min

Romantic Massage 50 min

For Him & Her Facial 50 min

Hydrotherapy Experience 30 min

FOREVER - 160 MIN

Tactil C Body Massage 80 min

Well Aging Facial 50 min

Hydrotherapy Experience 30 min

WITH YOU - 120 MIN

Coffee Body Treatment 40 min

Romantic Massage 50 min

Hydrotherapy Experience 30 min

rituals for couples

SOULMATE - 130 MIN

Chocolate Body Wrap 50 min

Romantic Massage 50 min

Hydro Spa Pool Experience 30 min

RECOVERY - 130 MIN

Body Exfoliation 20 min

Romantic Massage 80 min

Hydro Spa Pool Experience 30 min

AGAVE - 130 MIN

Agave Ritual 100 min

Hydro Spa Pool Experience 30 min

MAYA - 150 MIN

Temazcal 60 min

Massage 70 min

Cold Tub Experience 20 min

add on's

EYE LIFTING TREATMENT

A set of extracts that will help you rejuvenate the eye contour. The tone and elasticity of the skin are restored, dark circles, inflammation and fine lines of expression are minimized during this fantastic treatment. 10 min

FIRMING TREATMENT

Anti-aging experience that stimulates Marma points (energetic swirls that interconnect the physical, mental, emotional and spiritual bodies) of the face and skull with aromatherapeutic essential oils; It rejuvenates the skin and restores elasticity, while fine lines and wrinkles are minimized in this luxurious treatment. 10 min

RELAXING LEGS TREATMENT

Treatment that helps relieve your legs with a relaxing effect. 25 min

REALAXING BACK TREATMENT

Ultra relaxing and purifying back treatment. 25 min

rituals

AYUNA

An experience capable of silencing the discourse of the mind and immerse yourself in a sense of relaxation and loss of time. A protocol from head to toe that cultivates both the interior and exterior and whose results are a more relaxed mind and a serene face. 130 min

AGAVE

Enjoy the deep Mexican tradition of using blue agave as a moisturizing, anti-oxidant and anti-aging treatment. A ritual that provides deep relaxation through a massage and also includes an exfoliation that removes dead skin cells and a rich body wrap that hydrates your skin, while enjoying a facial that illuminates and hydrates your skin. 130 min

TEMAZCAL

Traditional Prehispanic ritual that purifies the body through a steam bath. The ceremony takes place inside a mud structure, led by a shaman pouring an infusion of aromatic and medicinal herbs on volcanic stones heated red hot, to the rhythm of singing and meditation exercises. It will help to eliminate toxins and get a relaxation of mind, physical and spiritual. 100 min